

THE SKIN CLUB

Training Brochure



THE SKIN Club



The Skin Club Training Academy is raising industry standards by offering the most in depth skin courses you will find.

Established in 2020 by Skin Specialist Sophie we have been training beginners and those already in the industry ever since with a 100% pass rate and hundreds of success stories.

Our courses are the most in depth you'll find and provide you with the best support. We don't offer quick courses nor do we offer cheap training days. When you train with us you are investing in a life long career.

All of our courses are accredited by Beauty Industry Approval and Insured by INSYNC.

We are committed to providing our students with the best knowledge and skills we can so they leave feeling confident in both the theory and practical elements of the treatments they train in.

All of our courses are with our director Sophie and you will practise on the full face of numerous models during your training.

Students gain access to our online training platform, a kit relevant to the treatment they are training in, assistance with insurance, a certificate of accreditation and a life time of support.

We provide genuine post course support, you can access Sophie directly via Whatsapp.

Our training courses run from central London of a weekday and Banstead of a weekend.

Stand out from the crowd and be the best by completing your training with The Skin Club.

All our courses include the below as standard...

Online Learning Platform Access
Supplier List
Equipment List
Content Creation
Home Care Brand Advice
Professional Brand Advice
Before & After Picture Training
Social Media Advice
Marketing Advice
Treatment Workflows
Access to Sophie 24/7
Discounts on Future Masterclasses

We ONLY teach you with professional medical grade brands that you can access to straight away with no extra exams or opening orders. Making starting your business so much easier!

 THE SKIN Club



FACIALS & SKINCARE COURSE

THEORY - 20 HOURS PRE COURSE HOME STUDY

PRACTICAL- 1 DAY IN CLINIC PRACTICAL

COURSE PRICE - £450

KIT INCLUDED

LOCATIONS - BANSTEAD & LONDON

DEPOSIT £100

(REMAINING BALANCE OF £350 DUE 2 WEEKS PRIOR TO COURSE DATE)

The Skin Club Facials & Skincare Training provides students with the knowledge and practical skills required to carry out this treatment confidently and safely providing clients with the best results and after care.

Our in depth course includes pre at home study and an in depth practical training session to ensure you get plenty of hands on training. At the end of the course our students are able to go and get insurance to start offering this treatment straight away.

© THE SKIN'Club

OPEN TO
BEGINNERS

FACIALS & SKINCARE COURSE

THEORY MODULES

- ANATOMY & PHYSIOLOGY
- HUMAN BODY SYSTEM
- FACIAL MUSCLES
- SKIN SCIENCE
- INTRODUCTION TO SKIN
- SKIN STRUCTURE
- THE EPIDERMIS
- EPIDERMIS CELL RENEWAL
- STRATUM CORNEUM FUNCTION
- THE SKIN BARRIER
- LIPIDS
- THE DERMIS
- THE DERMO-EPIDERMAL JUNCTION
- SKIN FUNCTIONS
- SKIN PH & THE ACID MANTLE
- FITZPATRICK SCALE
- SKIN DAMAGE
- LIFESTYLE FACTORS
- UV DAMAGE
- ENVIRONMENTAL FACTORS
- PRODUCT USE
- SKIN & HORMONES
- SKIN TYPES
- FACIAL THEORY
- EXTRACTION
- TREATMENT WORKFLOWS
- CONTRAINDICATIONS

THEORY MODULES CONTINUED

- TROLLEY SET UP
- CONSULTATIONS
- AFTER CARE
- HEALTH & SAFETY
- HYGIENE
- GDPR
- EQUIPMENT LIST
- SUPPLIERS LIST

PRACTICAL MODULES

- BASIC FACIALS
- LUXURY FACIALS
- EXTRACTION FACIALS
- FACIAL MASSAGE



FACIALS & DERMAPLANE COURSE

THEORY - 50 HOURS PRE COURSE HOME STUDY

PRACTICAL- 1 DAY IN CLINIC PRACTICAL

COURSE PRICE - £700

KIT INCLUDED

LOCATIONS - BANSTEAD & LONDON

DEPOSIT £100

(REMAINING BALANCE OF £600 DUE 2 WEEKS PRIOR TO COURSE DATE)

The Skin Club Training Academy Facials & Dermaplane Training provides students with the knowledge and practical skills required to carry out this treatment confidently and safely providing clients with the best results and after care.

Our in depth course includes pre at home study and in depth practical training to ensure you get plenty of hands on training. At the end of the course our students are able to go and get insurance to start offering this treatment straight away.

THE SKIN'Club

OPEN TO
BEGINNERS

FACIALS & DERMAPLANE COURSE

THEORY MODULES

- ANATOMY & PHYSIOLOGY
- HUMAN BODY SYSTEM
- FACIAL MUSCLES
- SKIN SCIENCE
- INTRODUCTION TO SKIN
- SKIN STRUCTURE
- THE EPIDERMIS
- EPIDERMIS CELL RENEWAL
- STRATUM CORNEUM FUNCTION
- THE SKIN BARRIER
- LIPIDS
- THE DERMIS
- THE DERMO-EPIDERMAL JUNCTION
- SKIN FUNCTIONS
- SKIN PH & THE ACID MANTLE
- FITZPATRICK SCALE
- SKIN DAMAGE
- LIFESTYLE FACTORS
- UV DAMAGE
- ENVIRONMENTAL FACTORS
- PRODUCT USE
- SKIN & HORMONES
- SKIN TYPES

THEORY MODULES CONTINUED

- FACIAL THEORY
- EXTRACTION
- DERMAPLANE THEORY
- 5 X TREATMENT WORKFLOWS
- CONTRAINDICATIONS
- TROLLEY SET UP
- CONSULTATIONS
- AFTER CARE
- HEALTH & SAFETY
- HYGIENE
- GDPR
- EQUIPMENT LIST
- SUPPLIERS LIST

PRACTICAL MODULES

- BASIC FACIALS
- LUXURY FACIALS
- EXTRACTION FACIALS
- DERMAPLANE
- LUXURY DERMAPLANE
- DERMAPLANE & DEEP CLEAN



DERMAPLANE COURSE

THEORY - 30 HOURS PRE COURSE HOME STUDY

PRACTICAL- 1 DAY IN CLINIC PRACTICAL

COURSE PRICE - £450

KIT INCLUDED

LOCATIONS - BANSTEAD & LONDON

DEPOSIT £100

(REMAINING BALANCE OF £350 DUE 2 WEEKS PRIOR TO COURSE DATE)

The Skin Club Training Academy Dermaplane Training provides students with the knowledge and practical skills required to carry out this treatment confidently and safely providing clients with the best results and after care.

Our in depth course includes pre at home study and in depth practical training to ensure you get plenty of hands on training. At the end of the course our students are able to go and get insurance to start offering this treatment straight away.



DERMAPLANE COURSE

THEORY MODULES

- ANATOMY & PHYSIOLOGY
- HUMAN BODY SYSTEM
- FACIAL MUSCLES
- SKIN SCIENCE
- INTRODUCTION TO SKIN
- SKIN STRUCTURE
- THE EPIDERMIS
- EPIDERMIS CELL RENEWAL
- STRATUM CORNEUM FUNCTION
- THE SKIN BARRIER
- LIPIDS
- THE DERMIS
- THE DERMO-EPIDERMAL JUNCTION
- SKIN FUNCTIONS
- SKIN PH & THE ACID MANTLE
- FITZPATRICK SCALE
- SKIN DAMAGE
- LIFESTYLE FACTORS
- UV DAMAGE
- ENVIRONMENTAL FACTORS
- PRODUCT USE
- SKIN & HORMONES
- SKIN TYPES
- DERMAPLANE THEORY
- DERMAPLANE TREATMENT WORKFLOW
- CONTRAINDICATIONS

THEORY MODULES CONTINUED

- TROLLEY SET UP
- CONSULTATIONS
- AFTER CARE
- HEALTH & SAFETY
- HYGIENE
- GDPR
- EQUIPMENT LIST
- SUPPLIERS LIST

PRACTICAL MODULES

- DERMAPLANE
- LUXURY DERMAPLANE
-



REFRESH PEEL²
ANTI-AGING PROPERTIES.
HYDRATES AND REJUVENATES SKIN.
STIMULATES COLLAGEN SYNTHESIS.
1.55
FOR PROFESSIONAL USE

BLENDER²
HYALURONIC ACID (LMWHA) 30mg/ml
HYALURONIC ACID (HMWHA) 30mg/ml
HYALURONIC ACID (HMWHA) 30mg/ml
HYALURONIC ACID (HMWHA) 30mg/ml
FOR PROFESSIONAL USE

CLINICARE[®]
ADVANCED COSMECEUTICAL FORMULA
SKIN TONER
HYALURONIC ACID (50mg/ml LMWHA)
SODIUM PCA (20mg/ml)
UP TO 30%
ACTIVE
INGREDIENTS
FOR PROFESSIONAL USE
QUALITY / ISO14001 (ENVIRONMENT)
e 500ml / 16.90 fl. oz.

CLINICARE[®]
CONCENTRATED
CLEANSER
ALL SKIN TYPES
FOR PROFESSIONAL USE

CHEMICAL PEEL COURSE

THEORY - 30 HOURS PRE COURSE HOME STUDY

PRACTICAL- 1 DAY IN CLINIC PRACTICAL

COURSE PRICE - £450

KIT INCLUDED

LOCATIONS - BANSTEAD & LONDON

DEPOSIT £100

(REMAINING BALANCE OF £350 DUE 2 WEEKS PRIOR TO COURSE DATE)

The Skin Club Training Academy Chemical Skin Peel Training provides students with the knowledge and practical skills required to carry out this treatment confidently and safely providing clients with the best results and after care.

Our in depth course includes pre at home study and in depth practical training to ensure you get plenty of hands on training. At the end of the course our students are able to go and get insurance to start offering this treatment straight away.

Our chemical peel course is unbranded giving you the freedom to choose the brands you work with! During training we will teach you with our favourite brands and will give you lots of information about them, you will be able to use these peels straight away. We cover 3 chemical peels to ensure all skin concerns.



CHEMICAL PEEL COURSE

THEORY MODULES

- ANATOMY & PHYSIOLOGY
- HUMAN BODY SYSTEM
- FACIAL MUSCLES
- SKIN SCIENCE
- INTRODUCTION TO SKIN
- SKIN STRUCTURE
- THE EPIDERMIS
- EPIDERMIS CELL RENEWAL
- STRATUM CORNEUM FUNCTION
- THE SKIN BARRIER
- LIPIDS
- THE DERMIS
- THE DERMO-EPIDERMAL JUNCTION
- SKIN FUNCTIONS
- SKIN PH & THE ACID MANTLE
- FITZPATRICK SCALE
- SKIN DAMAGE
- LIFESTYLE FACTORS
- UV DAMAGE
- ENVIRONMENTAL FACTORS
- PRODUCT USE
- SKIN & HORMONES
- SKIN TYPES
- CHEMICAL PEEL THEORY
- CHEMICAL PEEL TREATMENT WORKFLOW

THEORY MODULES CONTINUED

- TROLLEY SET UP
- CONTRAINDICATIONS
- CONSULTATIONS
- AFTER CARE
- HEALTH & SAFETY
- HYGIENE
- GDPR
- EQUIPMENT LIST
- SUPPLIER LIST

PRACTICAL MODULES

- ENZYME PEELS
- CHEMICAL PEELS
- COMPLICATIONS
-

 THE SKIN Club



MICRONEEDLING COURSE

**THEORY - 30 HOURS PRE COURSE HOME STUDY
PRACTICAL- 1 DAY IN CLINIC PRACTICAL
COURSE PRICE - £550**

KIT INCLUDED

LOCATIONS - BANSTEAD & LONDON

DEPOSIT £100

(REMAINING BALANCE OF £350 DUE 2 WEEKS PRIOR TO COURSE DATE)

The Skin Club Training Academy Microneedling Training provides students with the knowledge and practical skills required to carry out this treatment confidently and safely providing clients with the best results and after care.

We only offer digital device microneedling training use the medical grade Raffine device. This is because this is the safest method of needling. Our in depth course includes pre at home study and in depth practical training to ensure you are competent and confident. At the end of the course our students are able to go and get insurance to start offering this treatment straight away.

This is a very advanced treatment and should not be taken lightly. Cheap or online training puts clients at risks. Dermalrollers damage the skin and should not be used in clinic.

We teach you the safest methods with a CE marked device as well as advice on the best products and after care so your client gets the best results.

We will also provide you with advice on what device to purchase to ensure safety and best results.

MICRONEEDLING COURSE

THEORY MODULES

- ANATOMY & PHYSIOLOGY
- HUMAN BODY SYSTEM
- FACIAL MUSCLES
- SKIN SCIENCE
- INTRODUCTION TO SKIN
- SKIN STRUCTURE
- THE EPIDERMIS
- EPIDERMIS CELL RENEWAL
- STRATUM CORNEUM FUNCTION
- THE SKIN BARRIER
- LIPIDS
- THE DERMIS
- THE DERMO-EPIDERMAL JUNCTION
- SKIN FUNCTIONS
- SKIN PH & THE ACID MANTLE
- FIBROBLASTS
- WOUND HEALING
- FITZPATRICK SCALE
- SKIN DAMAGE
- LIFESTYLE FACTORS
- UV DAMAGE
- ENVIRONMENTAL FACTORS
- PRODUCT USE
- SKIN & HORMONES
- SKIN TYPES

THEORY MODULES CONTINUED

- MICRONEEDLING THEORY
- MICRONEEDLING TREATMENT WORKFLOW
- TROLLEY SET UP
- CONTRAINDICATIONS
- CONSULTATIONS
- AFTER CARE
- HEALTH & SAFETY
- HYGIENE
- GDPR
- EQUIPMENT LISTS
- SUPPLIERS LIST

PRACTICAL MODULES

- MICRONEEDLING



SKIN THERAPIST STARTER COURSE

THEORY - 60 HOURS PRE COURSE HOME STUDY

PRACTICAL- 2 DAY IN CLINIC PRACTICAL

COURSE PRICE - £1500

KIT INCLUDED*

LOCATIONS - BANSTEAD & LONDON

DEPOSIT £200

(REMAINING BALANCE OF £1300 DUE 2 WEEKS PRIOR TO COURSE DATE)

Our Skin Therapist Starter Course is ideal for beginners wishing to pursue a career in advanced skin care or those already in the industry wanting to focus on advanced skin. Not only do you walk away with the best theory and practical training, you also leave with business knowledge, social media training and everything you need to start your advanced skin care business! Being able to offer more than 1 treatment is key as it means if someone isn't suitable for one you can offer another to ensure you gain and retain that client.

Our in depth course includes pre at home study and 2 in depth full day practical training sessions to ensure you are competent and confident. At the end of the course our students are able to go and get insurance to start offering this treatment straight away.

© THE SKIN'Club

OPEN TO
BEGINNERS

SKIN THERAPIST STARTER COURSE

THEORY MODULES

- ANATOMY & PHYSIOLOGY
- HUMAN BODY SYSTEM
- FACIAL MUSCLES
- SKIN SCIENCE
- INTRODUCTION TO SKIN
- SKIN STRUCTURE
- THE EPIDERMIS
- EPIDERMIS CELL RENEWAL
- STRATUM CORNEUM FUNCTION
- THE SKIN BARRIER
- LIPIDS
- THE DERMIS
- THE DERMO-EPIDERMAL JUNCTION
- SKIN FUNCTIONS
- SKIN PH & THE ACID MANTLE
- FIBROBLASTS
- WOUND HEALING
- GROWTH FACTORS
- ANTIOXIDANT PROTECTION
- PIGMENTATION
- CAUSES OF SPOT PRONE SKIN
- ACNE GRADING
- HAIR GROWTH CYCLE
- FITZPATRICK SCALE
- SKIN DAMAGE
- LIFESTYLE FACTORS
- UV DAMAGE
- ENVIRONMENTAL FACTORS
- PRODUCT USE
- SKIN & HORMONES
- SKIN TYPES

THEORY MODULES CONTINUED

- FACIAL THEORY
- FACIAL MASSAGE
- DERMAPLANE THEORY
- CHEMICAL PEEL THEORY
- MICRONEEDLING THEORY
- 12 X TREATMENT WORKFLOWS
- TROLLEY SET UP
- CONTRAINDICATIONS
- CONSULTATIONS
- AFTER CARE
- HEALTH & SAFETY
- HYGIENE
- GDPR
- HOME CARE BRANDS
- PROFESSIONAL BRANDS
- BEFORE & AFTER PICTURES
- EQUIPMENT LIST
- SUPPLIER LIST

PRACTICAL MODULES

- BASIC FACIALS
- LUXURY FACIALS
- EXTRACTION FACIALS
- DERMAPLANE
- LUXURY DERMAPLANE
- ENZYME PEELS
- CHEMICAL PEELS
- MICRONEEDLING
- COMBINATION TREATMENTS





HOW TO BOOK...

EMAIL - INFO@THESKINCLUB.UK
WHATSAPP - 07729682528

PLEASE USE THE ABOVE METHODS FOR ANY ENQUIRIES, BOOKINGS OR TO REQUEST A CALL BACK

By booking a course with us you are making the BEST decision for your career and your future self will thank you!

When you contact us we will talk to you about your requirements and available dates. We aim to make the whole booking process super easy so if you need any help or have any questions please do not hesitate to ask!

Training Course Terms & Conditions

All The Skin Club training courses are accredited by Beauty Industry Approval.

To secure a training date a non refundable deposit is required.

Full balance is required no less than 14 days prior to your training course date. Once full payment is received the student will receive access to our online theory platform. Once full balance is paid your training starts and the balance is non refundable.

Any changes to course dates by the student are required in writing no less than 14 days prior to the course start date. Students can move their deposit to a new date once, any rescheduling thereafter will require a new deposit.

Any changes to course dates by The Skin Club will be provided in writing with as much notice as possible, students will be placed on the next available course date.

Theory must be completed in full prior to your practical date, our theory system tracks students progress to ensure this. Should your theory not be finished 24 hours prior to your practical start date a new practical date will be required.

Students rescheduling a course with less than 14 days notice will be required to pay a late notice fee of £200 per day. This is to cover our rental costs and time booked out.

By paying the non refundable deposit and confirming a course date students are confirming that they understand these terms and conditions and agree to them.

DON'T JUST TAKE OUR WORD FOR IT...



Taz Branton

1 review



3 hours ago

I trained as a Skin Specialist with Sophie last year, and I couldn't recommend her more! Sophie's level of expertise and knowledge is second to none. I left my training feeling confident knowing I had learnt from the best. She provides incredibly depth training of techniques and the manual is extremely informative and detailed. Sophie is always on hand 24/7 for her students if you have any questions so you're never on your own should you need anything. I couldn't of been happier with the whole experience and so glad I chose the Skin Club!



Sade Taliathomas

1 review



7 hours ago

I have trained with Sophie twice now and I will be training again with her in the new year both times have been amazing her knowledge is second to none also she is available for her students 24/7 if your thinking of training with Theskinsclub RUN dont walk you will NOT regret it .



DON'T JUST TAKE OUR WORD FOR IT...



Lauren Dixon

18 Feb · 02:35



I had 1-1 training with Sophie today surrounding all things skin and products! I already have all the relevant qualifications & done numerous courses in the past, however nothing like this training! 🙌
I wanted to go further into depth on the theory side and couldn't find any courses out there that would tailor for this. Sophie went into great detail about everything I need to know to master the industry and really helped me with product recommendations too!
Couldn't recommend her enough, she really knows her stuff! Will definitely do more training with her in the future ❤️



Jamie Collins

4 reviews



5 hours ago

I've had treatments from Sophie in the past, as well as taken 2 courses with her. She's very thorough and her knowledge is second to none, the aftercare that she provides has been really helpful and to top it off she's lovely! Would highly recommend for both treatments or training courses!



DON'T JUST TAKE OUR WORD FOR IT...



Hannah Mortimore

2 reviews

★★★★★ ⓘ 9 minutes ago

I trained with Sophie this time last year (Oct 2022) and the training has set me up for life ❤️ I feel more confident than ever performing advanced skin treatments, it's rocketed my career in skin and even furthered me into other avenues! The training was well organised, plenty of models, it didn't feel rushed, everything was explained thoroughly and even after the course Sophie was on hand as I was starting out. I'd also like to say that 1-1 training when starting out, I felt was so valuable to truly get that sole attention you need when starting in skin. Thank you 😊



Sarah Gunn

3 reviews

★★★★★ ⓘ 40 minutes ago

Sophie is extremely knowledgeable in skin treatments and I am so pleased I chose to train with her multiple times. Would highly recommend her to anyone!



DON'T JUST TAKE OUR WORD FOR IT...

